



www.juhithadithyahospital.com

Infertility

KNOW THE TRENDS IN
OUR COUNTRY

Dr.Padala Haabitha

Gyneacologist

Hi. I'm Dr. Padala Habitha!

OBSTETRICIAN & GYNAECOLOGIST

Hi, I'm Dr. Padala Habitha, an Obstetrician & Gynecologist, Infertility Specialist, Laparoscopic Surgeon, and Colposcopy Specialist.

I am passionate about providing compassionate, evidence-based care for women at every stage of life. Through this health blog, I share trusted medical insights, practical health tips, and reliable guidance to help women make informed decisions for a healthier and happier future.

My goal is to empower every woman with the knowledge and confidence to take charge of her health.



18.5K

@reallygreatsite



45.5K

monthly page views



75K

podcast downloads



15K

email subscribers



INFERTILITY

- ✓ First, know this — you're far from alone in this. Depending on which estimate you look at, anywhere from 1 in 20 to 1 in 5 Indian couples are dealing with infertility right now.
- ✓ Don't let either partner sit this out — testing works best when both of you go in together, early. Male infertility is a bigger factor than most people realize, and waiting only delays answers.
- ✓ The sooner you start looking into it, the better your options tend to be — age and time do affect success rates, so an early consult isn't panic, it's just smart.

AS SEEN IN

**Bloom
& Birth**

**MOTHERHOOD
MAGAZINE**

**Motherhood
& Wellness**

**OSMANIA
UNIVERSITY**

Journey to Parenthood

“After months of uncertainty, Dr. Padala Habitha gave us hope with her expert guidance and compassionate care. We are truly grateful for her support.

“Dr. Habitha patiently explained every step of our fertility treatment and made us feel confident throughout the journey. Highly recommended.



INFERTILITY

- ✓ If PCOS or lifestyle factors are part of the picture, that's actually good news in a way — these are things that respond well to the right treatment and guidance.
- ✓ The stress you're feeling is real, and yes, it can make things harder biologically too — which is exactly why finding ways to breathe through this, even small ones, actually helps your body as much as your mind.
- ✓ Take the time to pick a clinic that's properly ART-registered and transparent about success rates — you deserve honest numbers, not just hope sold to you.



Journey to Parenthood

“The personalized treatment and constant encouragement from Dr. Habitha made a difficult journey much easier. Thank you for your exceptional care.

“We felt heard, supported, and cared for from our very first consultation. Dr. Habitha's expertise gave us renewed hope.



INFERTILITY

- ✓ Ask about costs before you begin, not mid-treatment — knowing what you're walking into removes one more thing to worry about later.
- ✓ Try not to measure your journey against your neighbor's cousin's IVF story — every body, every case, every timeline is different, and comparison will only wear you down.
- ✓ Talking to someone — a counselor, a support group, even just each other more openly — matters just as much as any test result.
- ✓ And last — treatment today looks nothing like it did even ten years ago. The options in front of you now are better than what most people believe is possible.



Journey to Parenthood

“The entire team at Juhith Adithya Hospital was kind and professional. Dr. Habitha's treatment plan was clear, and we always felt we were in safe hands.

“Dr. Padala Habitha treated us with empathy and respect. Her knowledge, honesty, and dedication made all the difference in our fertility journey.



WHO I WORK WITH

I work with women of all ages, providing expert care in pregnancy, fertility, gynecology, PCOS management, preventive health, and menopause. My goal is to offer compassionate, personalized care for every stage of a woman's life.

WHAT YOU CAN EXPECT

At Juhith Adithya Hospital, you can expect compassionate care, expert medical guidance, personalized treatment, and a patient-first approach. We are committed to supporting you with trusted healthcare at every stage of your journey.



juhithadithyahospital@gmail.com
www.drpadalahabitha.com



GET IN TOUCH

Dr. Padala Habitha and Juhith Adithya Hospital – Maternity & Fertility Center, Eluru are committed to providing compassionate, personalized, and evidence-based healthcare for women. From fertility and pregnancy to gynecological care, we are here to support every woman with trusted medical expertise and care at every stage of life.

P. Habitha