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Abnormal Uterine Bledding

ABNORMAL UTERINE BLEDDING
FROM 12 YEARS AGE TO
80 YEARS AGE WOMEN

Dr.Padala Haabitha

Gyneacologist

Hi. I'm Dr. Padala Habitha!

OBSTETRICIAN & GYNAECOLOGIST

Hi, I'm Dr. Padala Habitha, an Obstetrician & Gynecologist, Infertility Specialist, Laparoscopic Surgeon, and Colposcopy Specialist.

I am passionate about providing compassionate, evidence-based care for women at every stage of life. Through this health blog, I share trusted medical insights, practical health tips, and reliable guidance to help women make informed decisions for a healthier and happier future.

My goal is to empower every woman with the knowledge and confidence to take charge of her health.

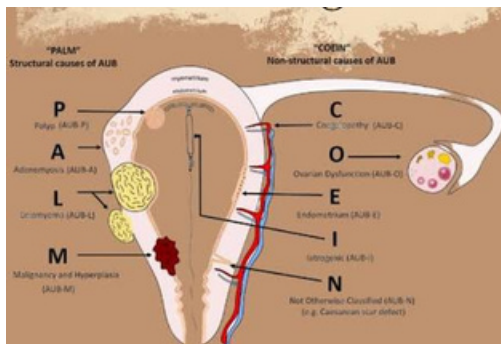


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ABNORMAL UTERINE BLEEDDING

- ✓ Right after your first period, irregular cycles are completely normal — your body's hormonal rhythm is still finding its footing, and this usually settles within a couple of years.
- ✓ During your reproductive years, if bleeding becomes heavy, irregular, or unpredictable, things like PCOS, thyroid imbalances, or fibroids are often behind it — and all of these are manageable once identified.
- ✓ If you're of reproductive age and notice unusual bleeding, the first thing we always check is pregnancy-related causes — a miscarriage or ectopic pregnancy needs to be ruled out before anything else.



AS SEEN IN

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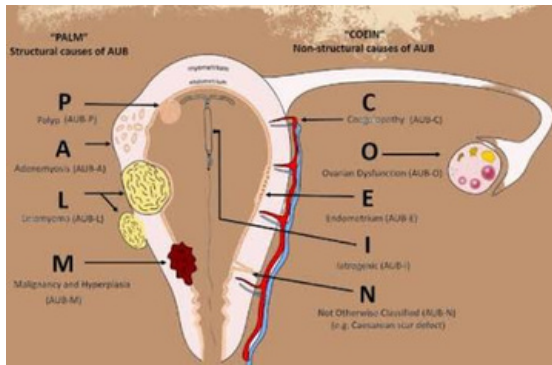
**Motherhood
& Wellness**

**OSMANIA
UNIVERSITY**

Journey to Parenthood

I had been struggling with heavy periods for months. Dr. Padala Habitha identified the cause and provided the right treatment. I'm feeling so much better now.

Dr. Habitha listened patiently to my concerns and explained my condition clearly. Her treatment helped regulate my bleeding and improved my quality of life.



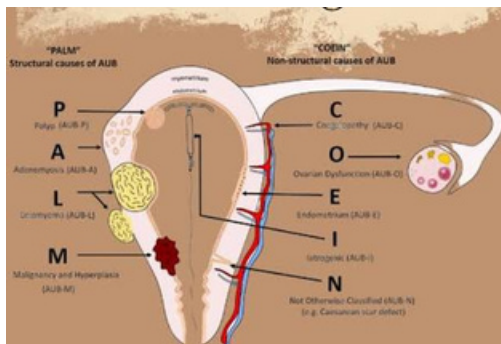
ABNORMAL UTERINE BLEEDDING

- ✓ As you approach perimenopause, don't be alarmed if your cycles start becoming irregular or heavier than usual — this is your hormones winding down, and it's one of the most common reasons women come in during this stage.
- ✓ Here's the one that matters most: any bleeding after menopause is not normal, even a small spot of blood. Please don't wait it out — get it checked right away, since this is the one situation where we want to rule out cancer early.
- ✓ Bleeding can also come from something structural — a polyp, a fibroid, or a condition called adenomyosis — and these can show up at any point during your reproductive years.

Journey to Parenthood

“The care I received was exceptional. Dr. Habitha's expertise and compassionate approach made me feel comfortable throughout my treatment.

“After experiencing irregular and heavy bleeding, I finally found the right diagnosis and treatment. Thank you, Dr. Habitha, for your excellent care.



ABNORMAL UTERINE BLEEDDING

- ✓ If a teenager has unusually heavy periods from the very start, it's sometimes worth checking for an underlying bleeding disorder, not just hormones.
- ✓ Certain medications — blood thinners especially — can also throw off your bleeding pattern, so always mention what you're taking when we talk.
- ✓ A simple way to know when it's time to come in: if you're soaking a pad every hour, bleeding for more than a week, or bleeding between periods — that's your sign, don't wait it out.
- ✓ Once you come in, diagnosis is usually straightforward — an ultrasound, some hormone tests, and occasionally a biopsy help us pinpoint exactly what's going on and how to treat it.



Journey to Parenthood

Dr. Habitha explained every test and treatment option in detail. I appreciated her honest advice and personalized care.

The treatment at Jhith Adithya Hospital was professional and reassuring. My symptoms have improved significantly, and I highly recommend Dr. Padala Habitha.



WHO I WORK WITH

I work with women of all ages, providing expert care in pregnancy, fertility, gynecology, PCOS management, preventive health, and menopause. My goal is to offer compassionate, personalized care for every stage of a woman's life.

WHAT YOU CAN EXPECT

At Juhith Adithya Hospital, you can expect compassionate care, expert medical guidance, personalized treatment, and a patient-first approach. We are committed to supporting you with trusted healthcare at every stage of your journey.



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GET IN TOUCH

Dr. Padala Habitha and Juhith Adithya Hospital – Maternity & Fertility Center, Eluru are committed to providing compassionate, personalized, and evidence-based healthcare for women. From fertility and pregnancy to gynecological care, we are here to support every woman with trusted medical expertise and care at every stage of life.

P. Habitha